## Canterbury Size Guides

Mens
TOPS

| CHEST SIZE |  |  |
| :---: | :---: | :---: |
| SIZE | CM | IN |
| $X S$ | $96-91.5 \mathrm{~cm}$ | $34-36^{\prime \prime}$ |
| $S$ | $94-99 \mathrm{~cm}$ | $37-39^{\prime \prime}$ |
| $M$ | $99-104 \mathrm{~cm}$ | $39-41^{\prime \prime}$ |
| $\mathbf{L}$ | $104-109 \mathrm{~cm}$ | $41-43^{\prime \prime}$ |
| $\mathbf{X L}$ | $109-114.5 \mathrm{~cm}$ | $43-45^{\prime \prime}$ |
| $3 X L$ | $117-122 \mathrm{~cm}$ | $46-48^{\prime \prime}$ |
| $4 X L$ | $124.5-129.5 \mathrm{~cm}$ | $49-51^{\prime \prime}$ |

## PANTS \& SHORTS

| WAIST SIZE |  |  |
| :---: | :---: | :---: |
| SIZE | CM | IN |
| XS | 71-76cm | 28-30" |
| S | 76-81.5cm | 30-32" |
| M | 81.5-86cm | 32-34" |
| L | 86-91.5cm | 34-36" |
| XL | 91.5-96.5cm | 36-38" |
| 2XL | 96.5-102cm | 38-40" |
| 3XL | 102-106.5cm | 40-42" |
| 4XL | 106.5-112cm | 42-44" |

How to measure yourself

## 1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

## 2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.


Womens
TOPS
CHEST SIZE

| UK DRESS SIZE |  | $I N$ |  |
| :---: | :---: | :---: | :---: |
| 6 | 75 cm | $30^{\prime \prime}$ |  |
| 8 | $82 c m$ | $32^{\prime \prime}$ |  |
| 10 | 87 cm | $34^{\prime \prime}$ |  |
| 12 | $92 c m$ | $36^{\prime \prime}$ |  |
| 14 | $97 c m$ | $38^{\prime \prime}$ |  |
| 16 | $102 c m$ | $40^{\prime \prime}$ |  |
| 18 | 107 cm | $42^{\prime \prime}$ |  |

PANTS \& SHORTS

|  | WAIST SIZE |  | HIP SIZE |  |
| :---: | :---: | :---: | :---: | :---: |
| UK DRESS SIZE | CM | IN | CM | IN |
| 6 | 55 cm | $22^{\prime \prime}$ | 85 cm | $33^{\prime \prime}$ |
| 8 | 62 cm | $24^{\prime \prime}$ | 90 cm | $35^{\prime \prime}$ |
| 10 | 67 cm | $26^{\prime \prime}$ | 95 cm | $37^{\prime \prime}$ |
| 12 | 72 cm | $28^{\prime \prime}$ | 100 cm | $39^{\prime \prime}$ |
| 14 | 77 cm | $30^{\prime \prime}$ | 105 cm | $41^{\prime \prime}$ |


| 16 | 82 cm | $32^{\prime \prime}$ | 110 cm | $43^{\prime \prime}$ |
| :--- | :--- | :--- | :--- | :--- |
| 18 | 87 cm | $34^{\prime \prime}$ | 115 cm | $45^{\prime \prime}$ |

## How to measure yourself

## 1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

## 2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.

## 3 HIPS

Measure around the fullest part of the hips, making sure the measuring tape is straight and flat.


Junior

## BOYS TOPS

| SIZE/AGE | CM | $I N$ |
| :---: | :---: | :---: |
| SB | $63-68 \mathrm{~cm}$ | $25-27^{\prime \prime}$ |


| MB | $68-73 \mathrm{~cm}$ | $27-29^{\prime \prime}$ |
| :---: | :---: | :---: |
| LB | $73-78.5 \mathrm{~cm}$ | $29-31^{\prime \prime}$ |
| 6 | $58.5-61 \mathrm{~cm}$ | $23-24^{\prime \prime}$ |
| 8 | $63.5-66 \mathrm{~cm}$ | $25-26^{\prime \prime}$ |
| 10 | $68.5-73.5 \mathrm{~cm}$ | $27-29^{\prime \prime}$ |
| 12 | $76-81.5 \mathrm{~cm}$ | $30-32^{\prime \prime}$ |
| 14 | $81.5-86 \mathrm{~cm}$ | $32-34^{\prime \prime}$ |

BOYS PANTS \& SHORTS

| WAIST SIZE |  |  |
| :---: | :---: | :---: |
| SIZE/AGE | CM | IN |
| SB | $63.5-68 c m$ | $25-27^{\prime \prime}$ |
| MB | $68-73 \mathrm{~cm}$ | $27-29^{\prime \prime}$ |
| LB | $73-78.5 \mathrm{~cm}$ | $29-31^{\prime \prime}$ |
| 6 | $56-58.5 \mathrm{~cm}$ | $22-23^{\prime \prime}$ |
| 8 | $58.5-61 c m$ | $23-24^{\prime \prime}$ |
| 10 | $61-66 \mathrm{~cm}$ | $24-26^{\prime \prime}$ |
| 12 | $66-71 \mathrm{~cm}$ | $26-28^{\prime \prime}$ |
| 14 | $71-73.5 \mathrm{~cm}$ | $28-29^{\prime \prime}$ |

How to measure yourself - boys

## 1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

## 2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.


## GIRLS TOPS

| CHEST SIZE |  |  |
| :---: | :---: | :---: |
| SIZE/AGE | CM | IN |
| 6 | 63.5 cm | $25^{\prime \prime}$ |
| 8 | 68 cm | $27^{\prime \prime}$ |
| 10 | 73 cm | $29^{\prime \prime}$ |
| 12 | 78.5 cm | $31^{\prime \prime}$ |
| 14 | $88-92 \mathrm{~cm}$ | $35-36^{\prime \prime}$ |

## GIRLS PANTS \& SHORTS

|  | WAIST SIZE |  |  |
| :---: | :---: | :---: | :---: |
| SIZE/AGE | CM | IN |  |
| 6 | $58 c m$ | $23^{\prime \prime}$ |  |
| 8 | $61 c m$ | $24^{\prime \prime}$ |  |
| 10 | $65 c m$ | $26^{\prime \prime}$ |  |
| 12 | $69 c m$ | $27^{\prime \prime}$ |  |
| 14 | $74 c m$ | $29^{\prime \prime}$ |  |

INFANTS

|  | SIZE |
| :---: | :---: |
| $A G E$ | $C M$ |
| 6 | 58 cm |
| 8 | 61 cm |
| 10 | 65 cm |
| 12 | 69 cm |
| 14 | 74 cm |

How to measure yourself - girls

## 1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

## 2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.


Footwear
Accessories

## HEADGUARDS

HEAD CIRCUMFERENCE

| SIZE | CM |  |
| :---: | :---: | :---: |
| MB | 52.5 cm | $20.5^{\prime \prime}$ |
| LB | 54 cm | $21^{\prime \prime}$ |
| $\mathbf{S}$ | 55 cm | $21.5^{\prime \prime}$ |
| $M$ | 57 cm | $22.5^{\prime \prime}$ |
| L | 58.5 cm | $23^{\prime \prime}$ |
| $\mathbf{X L}$ | 60 cm | $23.5^{\prime \prime}$ |

## SOCKS

| SHOE SIZE |  |  |  |
| :---: | :---: | :---: | :---: |
| SIZE | UK | EUR | US |
| XS | $11-1$ | $29-33$ | $12-2$ |
| $S$ | $2-5$ | $34-38$ | $3-6$ |
| $M$ | $6-10$ | $39-44.5$ | $7-11$ |
| $\mathbf{X}$ | $11-13$ | $46-48$ | $12-14$ |
| XL | $14-16$ | $49.5+$ | $15+$ |

