

SIZE CHART

The fit of your clothes depends on many things, including the cut, fabric, styling and even the undergarments you are wearing. By following our body guide and how to measure guide, we hope to find you the best possible fit. It is always suggested that you measure more than once as your posture changes when you move and sometimes effects the measurement you take.

The fit of your clothes depends on many things, including the cut, fabric, styling and even the undergarments you are wearing. By following our body guide and how to measure guide, we hope to find you the best possible fit. It is always suggested that you measure more than once as your posture changes when you move and sometimes effects the measurement you take.

MEASURING GUIDELINES

Chest Circumference

Measure all the way around- taking the tape approximately 2.5cm from pit of arm, around the fullest part of the chest. Try to keep the tape level.

Waist Circumference

Measure all the way around- taking the tape around the natural waist (this is the narrowest part of your waist). Try to keep your tape measure level. Our trousers and shorts are elasticated so there is always

plenty of room for movement here - if you are confused use the hip measurement.

Low Hip Circumference

Measure all the way around taking the tape around the fullest part of the bottom. Try to keep the tape level.

Inside Leg

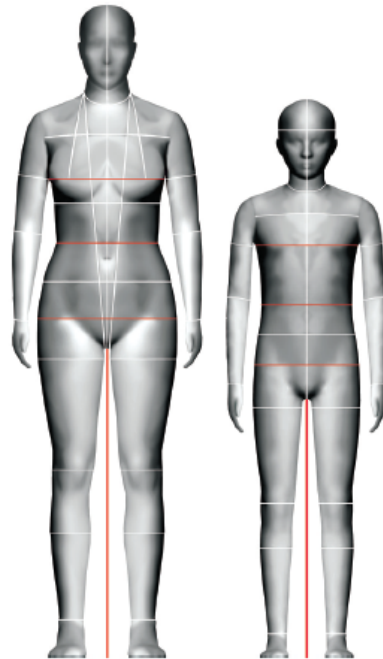
Measure from the top of the inside leg to bottom of the heel. Please remember you can always take a trouser up if they are a little long, try turning the waistband or sewing the hem.

General Tips

1. Measure yourself wearing underwear - do not measure over clothing.
2. Stand straight and keep both feet on the floor.
3. Make sure the tape measure is kept level.
4. Ask a friend to help take your measurements (it's sometimes easier to have help).

Our ranges are designed with layering in mind. If you buy a jacket for your body size, you can be sure you will be able to fit a top and a light sweater underneath.

All measurements are an approximate guide.



Ladies Sizes (cm)	6	8	10	12	14	16	18	20
CHEST cm	74 - 78	78 - 82	82 - 86	86 - 90	90 - 94	94 - 98	98 - 102	102 - 106
WAIST cm	55 - 60	60 - 64	64 - 68	68 - 72	72 - 76	76 - 80	80 - 84	84 - 88
LOW HIP cm	82 - 86	86 - 90	90 - 94	94 - 98	98 - 102	102 - 106	106 - 110	110 - 114
INSIDE LEG (Standard) cm	75	76	77	78	79	80	81	82
INSIDE LEG (Tall) cm	80	81	82	83	84	85	86	87

Junior Sizes (cm)	AGE 5 - 6	AGE 7 - 8	AGE 9 - 10	AGE 11 - 12
CHEST cm	58 - 62	62 - 66	66 - 70	70 - 74
WAIST cm	51.5 - 55.5	55.5 - 59.5	59.5 - 63.5	63.5 - 67.5
LOW HIP cm	62 - 66	66 - 70	70 - 74	74 - 78
INSIDE LEG (Standard) cm	55	60	65	70

SHOE SIZE CHART

For sizing range of each item, please refer to individual item description.

UK	2	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11
USA	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5
EUR	35	35	36	37	38	38	39	39	40	40	41	42	42	43	43	44	45	45.5	46